

descended

ingrid j. adams



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| Format | Paperback |
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| Author Location | Sydney, NSW |

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1990s SYDNEY.

A LOVE THAT CAN SPAN LIFETIMES.

FOR SOME, THE MEMBRANE BETWEEN REALMS IS STRETCHED THIN...

Indigo Wolfe is that guy everybody wants to be or be with. He lights up everyone he meets and he definitely knows how to have fun.

But he's barely holding on by a thread.

Because Indigo isn't what he seems. He has secrets. And he's so often consumed – by the pain, by the darkness, by all he can feel and hear and see that no one else can.

Why is he plagued by abilities others are not?

When he meets the ethereal Cordelia Carlisle, he's hit with a sense of recognition that traverses lifetimes. He's welcomed into her family and as they grow closer he lets her see the parts of him he keeps hidden.

The only thing he can't show her is she's everything to him.

When they're torn apart, Indigo descends into darkness, bombarded by that which is not of this world.

Indigo must choose whether to give up, or whether to fight – for himself, for answers, and for Cordelia, the girl he seems destined to love and to lose over and over, life after life...

Unless this time, he can get it right.

ABOUT THE AUTHOR



Ingrid J. Adams is the author of *Descended*, an epic love story steeped in fantasy, the first in a four book series for the upper YA market. It took her a long time to realise her unattainably crazy dream of being a writer was in fact both attainable and sane; but between then and now, she's earned degrees in business tourism, journalism, kinesiology and nutrition, studied psychotherapy, and worked in media then as a therapist. She also had a couple years off to lie in bed and stare at the ceiling after being diagnosed with an

incurable disease—an incurable disease she managed to cure herself of by going way outside the box, a disease she probably learnt more from than all her degrees put together. Today she lives in chaos by the beach in Manly, Australia with her four beautiful boys (five if you count her husband), and her cuddle-hunting cavoodle pup. She's a massive fan of travel, yoga, meditation, farmer's markets, cooking (and eating), ocean-swimming, and escaping into fictional worlds of her own and others' creation.

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A CONVERSATION WITH THE AUTHOR

IS 'DESCENDED' PART OF A SERIES?

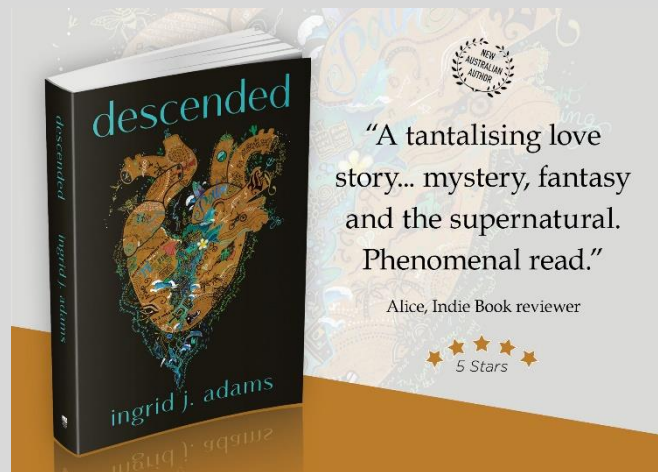
Descended is the first book in a quadrilogy and is the entrée into the world of Indigo and Cordelia. It is the first step in their journey together, so each book is very much interconnected. Because it's taken so long to get the first one published I've had the luxury of writing the series as one, long story that I've then essentially cut into four, so it's very much one big, long, interconnected saga, complete with foreshadowing and easter eggs.

WHY DID YOU WRITE 'DESCENDED'? WHAT WERE YOUR INSPIRATIONS?

This book gently delves into the intricacies of love, mental illness, depression, suicide, death and substance abuse, all of which are big issues for today's youth and which have only escalated during the pandemic years. Mental illness is so incredibly complex with so many contributing factors we're aware of – physical, chemical, emotional, mental. Descended explores the concept of there also being a paranormal aspect to mental illness and what that would look like. I find myself here in my early forties, simply a mother and a housewife, with years of studying and researching and reading and searching and learning and doing under my belt. I've spent decades pondering the meaning of life and I guess this book is my interpretation of the world, an interpretation that helps me sleep at night, that helps me make sense of the universe, to see the point in the seemingly pointless. I'm not offering the keys to the universe, I'm merely expressing what helps me.

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