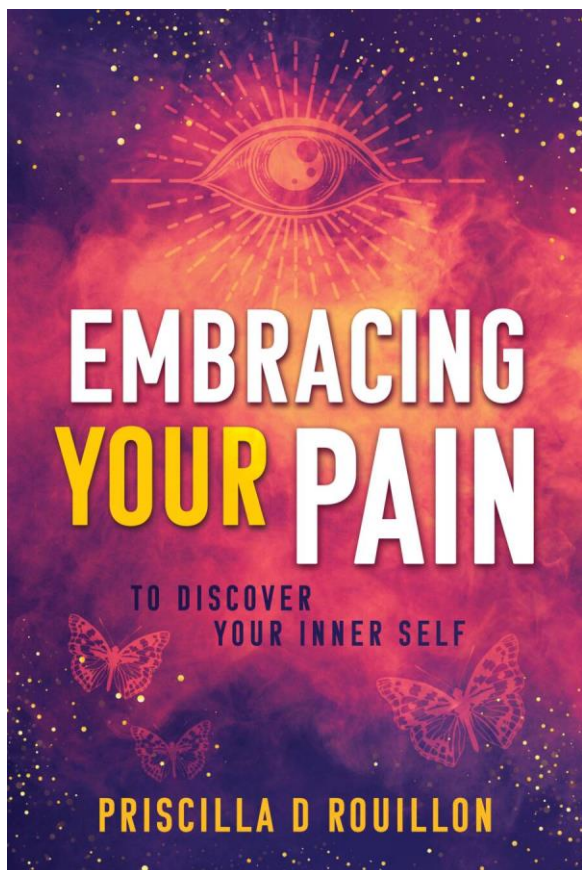


Embracing Your Pain

Priscilla D Rouillon



ISBN	9781922701022
Publication Date	15 FEB 2022
Genre	Non-Fiction
Format	Paperback
Audience	General
Author Location	Meredith, VIC

Price available on our website

START NOW! GIVE YOURSELF JOY, LOVE AND HARMONY.

Your life is created by your choices, no matter what your situation, you have the choice. You are the one who controls your thoughts.

It's time now to embrace your pain and know it empowers you.

It's time to let go, forgive, and break free from an egoic mind.

It's time to give yourself love, become aware of how you feel in each moment.

It's time to discover YOU again.

Allow these stories held within this book to help you see the learning beyond pain and embrace these wisdoms every day of your wonderful life ahead. I have experienced all these moments and I cherish them all as I pledge to share them with you, to help and guide you to live your life to the utmost potential and know real happiness within your heart and soul. You are everything all at once and you have a knowing within you that is of real worth.

ABOUT THE AUTHOR



Priscilla D. Rouillon, aged 47 years, is a mother of 3 grown up kids; Alex, Brandon, and Stephanie. Now living the most simple but extraordinary life with her fiancé Marc Schembri. After living many years of pain and suffering, she started to experience the beginning of her spiritual enlightenment around 2012. With many teachings and more mistakes, she began to discover her true self to live the life she always dreamed of. After discovering many lessons from her own endeavours, she is willing to teach to others, so they can live their best life. She always knew within that she was here to help other people. She finally found what fulfils her life. To become inspired together with everyone, this is her life's purpose.

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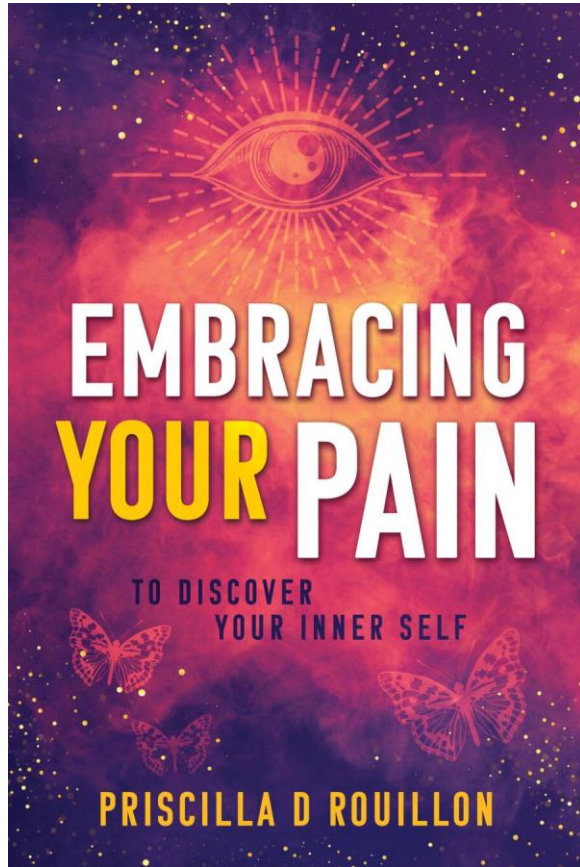
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A CONVERSATION WITH THE AUTHOR

Why did you write 'Embracing Your Pain'? What were your inspirations?

I wanted to write a book where I could help anyone who needed some inspiration with any life situation they are dealing with. After losing my two brothers and with all the other experiences I had, I thought it was time for me to help someone else that was ready to finally live the life that they were meant to. I have always tried to stay in a strong state of mind. I always admired people who had been at their darkest place in their life only to come out stronger and do something good towards the world.

I didn't want to write a book about me but when I started to write, my life experiences wanted to come out in words. So I thought about it, if I have lived these experiences and learnt from all the teachers everything that I learnt, this would be a great way to gain a better understanding.

So then of course with Wayne Dyer being my inspiration, at the same time with me writing my blogs, I wanted to express what I had learnt to as many people as I could and there was no other better option than to write my own book. I have a deep knowing within that I was meant to become a writer as I had grown such passion for it in a short amount of time.



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