

# HART

RESTORING THE CINNABAR

MELVA OULIARIS



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Genre	Adventure, Fantasy, YA (16+)
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Audience	General
Author Location	Melbourne, VIC

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## HART IS TORN BETWEEN HER TWO HALVES...

In counsel with the mystic hag, Hart is delivered some prophetic messages and hard truths, for she knows it's time to face her fears. One being the dragon that resides within her deepest subconsciousness.

On one hand, Hart knows she has an obligation to her family and kingdom. She must marry to see her family happy and fulfill her role.

Yet, on the other hand, Hart has been protecting the forest Cinnabar, a task only she has been deemed capable of.

When danger looms, Hart must reconcile her split within to have any hope of saving the forest and kingdom.

Forced to look inward while larger prophecies are at play, will Hart rise or fall against the odds?

*Can Hart carry this burden alone, as she must, or will the Cinnabar be destroyed forever?*

## ABOUT THE AUTHOR



Melva is a teacher of children who utilises her experiences and the understandings she gets from them to help her create.

Her ideas for stories come from all sorts of things that she comes in contact with. From the everyday to the extraordinary, she believes a story waits to be told.

Using her knowledge of the human spirit, her writing comes from deep within. It always starts off as a tiny seed which arrives as a blossom on her doorstep.

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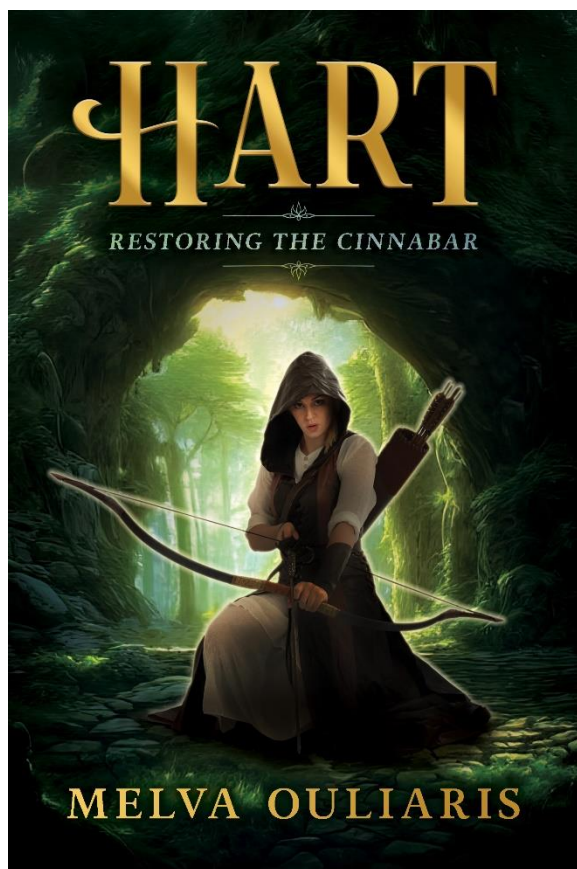
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## A CONVERSATION WITH THE AUTHOR

### WHY DID YOU WRITE 'HART: RESTORING THE CINNABAR'? WHAT WERE YOUR INSPIRATIONS?

*I wrote this firstly because it's always been an aspiration to write a novel. I never thought I could as I have always written poems, short stories and picture story books.*

*The inspiration to write this came from drawing while I was away on holidays. Being near water is like being in a space of inspiration in that I feel a lot of creativity and spirituality when I'm near water. From the drawings, the idea came about using some of my personal reflections and trials of my own life. I asked myself – if I could go back in time, what would I do differently? What sort of advice would I give my twelve-year-old self? Young women let themselves be captured and trapped because they didn't learn to trust their instincts. They are told to be nice and act a certain way that conforms with social expectations. I wanted to explore these concepts.*

*I also used my spiritual growth and personal development to reflect in the plot and the characters. I am very much about always developing a better version of myself that chips away at the ego and increases the spirit.*



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