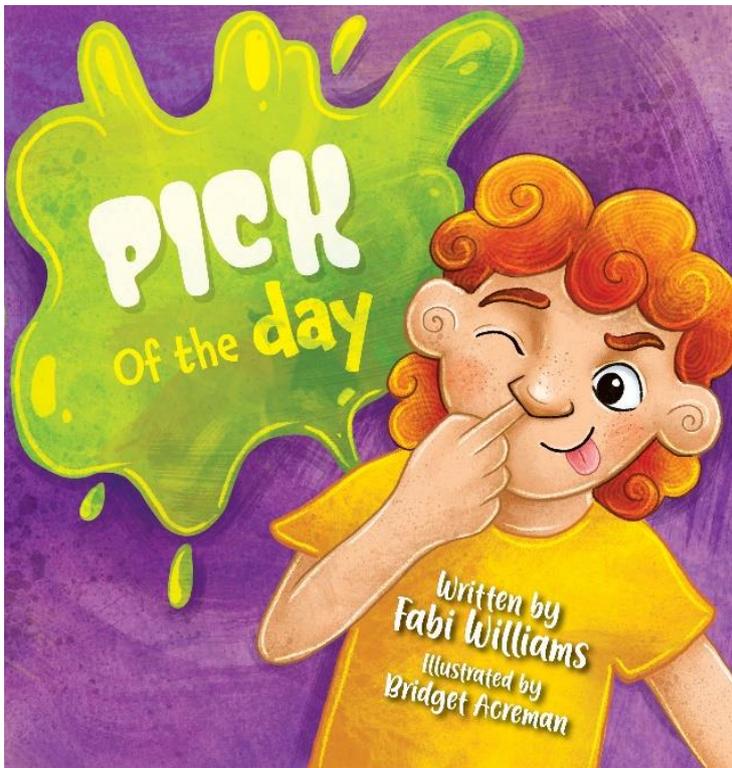


# PICK of the day

Written by Fabi Williams – Illustrated by Bridget Acreman



ISBN	9781922751898
Publication Date	AUG 29 2022
Format	Paperback
Audience	Children
For Ages	3 - 8
Location	Melbourne, VIC

**Price available on our site.**

**NOSE PICK FOR AN ADVENTURE AND HAVE A SLIMY LOAD OF FUN.**

Just use that snot... Don't let it rot.

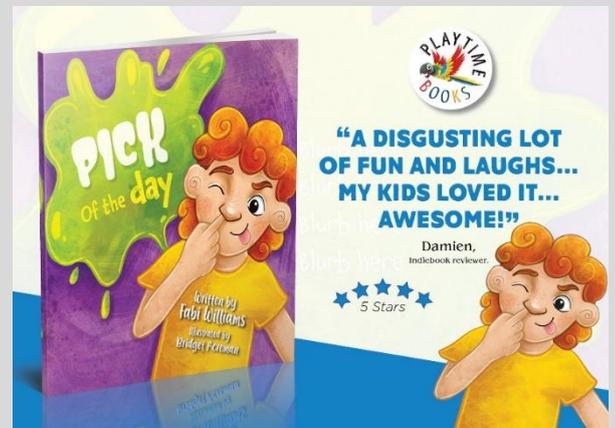
Or leave your nose to run!

That green goo has many uses...

To sculpt and build and glue

But best of all collect the crumbs

**So you can eat it too!**



## **AUTHOR BIO**

Fabi has always loved books as a form of escapism, a limitless exploration of new worlds, exciting characters & amazing adventures. In her own writing she discovered the power of words & being able to bring her own imagination to life. This is something she wants to share with children & encourage them to write their own stories. She uses humour in all her books & hopes to empower children through writing.

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Publisher contact: Jodie Kellett  
Email: [orders@shawlinepublishing.com.au](mailto:orders@shawlinepublishing.com.au)

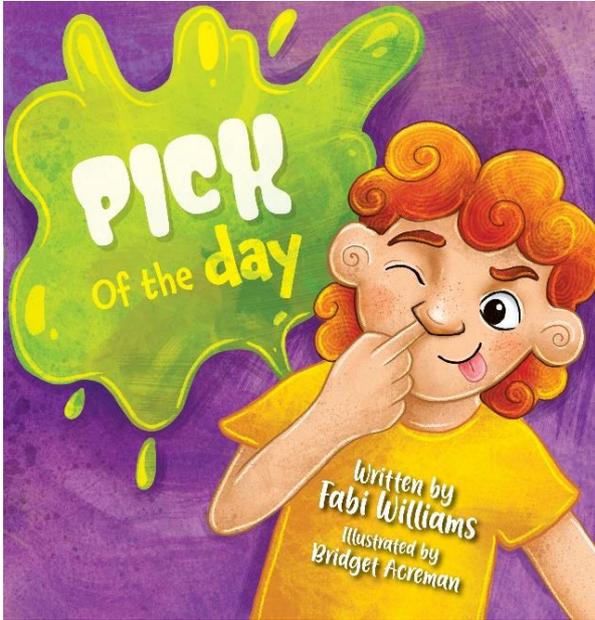
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## A CONVERSATION WITH THE AUTHOR

### WHY DID YOU WRITE 'PICK OF THE DAY'? WHAT WERE YOUR INSPIRATIONS?

*A friend and I had taken our daughters to the park to play. We had strapped them into their car seats and were about to leave when they both started picking their nose. When I said to both of them not to do that because it was dirty, they both denied doing it at all while they continued to pick their nose.*

### HOW DO YOU CREATE OR MODEL YOUR CHARACTERS TO FIT THE REQUIREMENTS OF THE STORY AND THE EXPECTATIONS OF THE READERS?

*I like children to feel they can relate to the character and the experience that person is going through, to be down to earth and to understand that no one is perfect and that we all make mistakes, even characters we admire.*

### WHAT DREW YOU TO THE SUBJECT MATTER OF THE BOOK AND ALSO THESE CHARACTERS WITHIN?

*Writers don't tend to write too often about dirty bad habits. It's a bit taboo. But I like children to laugh and to be uninhibited so if it encourages children to read and write, then I'll write about it*

### FOR WHOM DID YOU WRITE 'PICK OF THE DAY' AND WHY?

*I wrote this for all children because it's something they all do and can all relate to. I also did not want them to be inhibited by adult judgement or to feel they must change their behaviour as in time we tend to grow out of these types of behaviour without any chastisement or discipline.*

*I think the area of bad habits is something to be explored rather than avoid or ignore. I haven't seen many books on this topic nor presented as a DIY manual, so it does present as something new and different. I also wanted to present this in a way that was relatable to children to their way of thinking and using their imagination to explore the topic in absurd and creative ways without a sense of judgement or expectation that they should in any way change their behaviour.*

*Inspiring children to create their own narrative and journey, and to write their own stories is far more beneficial than children to be preoccupied with devices and not using their imagination in more stimulating ways.*

*Although parents might take offense to the subject, I'm hoping that we live in a time where parents are more directed towards wanting to allow children to be themselves and seeking ways to encourage that through reading and writing*

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