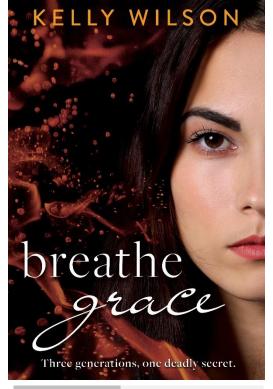
## breathe grace



ISBN	9781922751249	
Publication Date	JUNE 16 2022	
Genre	Fiction, Mystery, Thriller, YA	
Format	Paperback	
Audience	General, Young Adult	
Location	Beaconsfield Upper, VIC	

Price available on our site

### by KELLY WILSON AT 15, GRACE THOUGHT SHE HAD IT ALL.

After a devastating betrayal, her world is torn apart.

Arrested for arson, Grace is sent to the mysterious Zarnish Estate, located in the vastness of outback NT and the home of a grandma she barely knows.

Grace is bitter about her mother's betrayal, blinded to the fact there is more to her family's dark menacing history. Her emotional state is impacted by vivid dreams that transport her to terrifying places in another world. She meets a mysterious being, Negeenah and feels she has been at Zarnish Estate before.

Grace learns more about her family's past and how their dangerous connections have shattered their legacy and Grace will need to piece together the clues before it is too late.

Her mind and soul wonder if she will witness her own death.

#### Is she brave enough to change her family's future, or will fear hold her back?

"A stylish and emotional plight of a young woman facing the challenges of her youth, her family and her future... A very good read and well written..." Terri, Indie Book reviewer



#### **AUTHOR BIO**

Kelly Wilson has been passionate about working with people and making a positive difference her whole life. As a primary school educator for 22 years, her role varied from class room teacher, mentor, teacher educator and literacy specialist. Her public speaking roles within the community and filming have been very successful.

Kelly now proudly operates her educational consultant business, Wings for Grace.

She is a passionate writer and author.

Kelly lives with her family and much loved animals in their small semi rural community. She loves adventure and exploring from the bush to the beach. In awe of the world and it's wonders, she is forever curious and in search of the magic nature provides.



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# breathe *Grace*

## KELLY WILSON

Three generations, one deadly secret.

breathe

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#### A CONVERSATION WITH THE AUTHOR

#### WHY DID YOU WRITE 'BREATHE GRACE'? WHAT WERE YOUR INSPIRATIONS?

'Breathe Grace' was written for two main reasons. Firstly, it was written to help young sufferers of mental health understand they are not alone. To help them identify that mental health does not limit them or define their future. That despite trauma or anxiety etc you can go forward in triumph and have a great impact.

Secondly, I wrote 'Breathe Grace' to teach young people about a real issue that is impacting many people in the world right now. I wrote my novel to encourage readers to look beyond their current world, and understand the hardship, battles and trauma people in Afghanistan have gone through and continue to face. Then perhaps with a new created awareness they can be part of a solution going forward.

#### HOW HAD YOU DECIDED ON THE BEST CHARACTERS FOR THE BOOK?

*I wanted to highlight the importance and impact of family, whatever that my look like. This led to me writing about 3 generations of strong women.* 

## HOW DO YOU CREATE OR MODEL YOUR CHARACTERS TO FIT THE REQUIREMENTS OF THE STORY AND THE EXPECTATIONS OF THE READERS?

I spend a lot of time creating character profiles. This includes who they are, what they would look like. How their past would impact their personality and decisions, their character traits and flaws etc. their hobbies and beliefs, aims and aspirations. I draw on people around me and snippets of myself over my life.

## WHAT DREW YOU TO THE SUBJECT MATTER OF THE BOOK AND ALSO THESE CHARACTERS WITHIN?

Once I began researching the history and origin of the lapis stone, I became intrigued enough to write a story which crossed between the past and the present and allowed two very different worlds to collide.

#### WHERE DO YOU GET YOUR INFORMATION OR IDEAS FOR YOUR BOOKS?

I get inspiration and information from everywhere and everything. I carry a notebook with me always and write down something of interest or intrigue. I love chatting with strangers, it's amazing what you can learn. My 'Breathe Grace' novel all began when I asked my mother-in-law about her Lapis Lazuli necklace. Then an obsession with the lapis mines in Afghanistan.

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