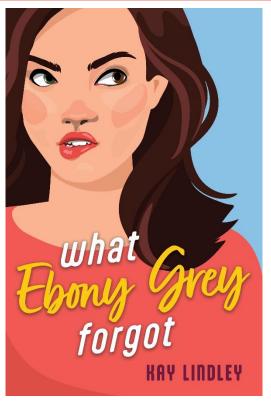
Ebony Grey forgot KAY LINDLEY



ISBN	9781922850041
Publication Date	SEPT 25 2022
Genre	Contemporary Fiction, Romance
Format	Paperback
Audience	General
Location	Adelaide, SA

Price available on our site

THREE THINGS PROPELLED EBONY FROM CRUSHED, TO CRISIS, THEN COURAGEOUS...

These were the loss of her job, the loss of husband and the discovery that she was a fraud.

Ebony hides her introverted nature by being the gregarious head of risk and fraud in a finance company.

When her husband leaves her suddenly, she develops a loss of confidence.

Needing support and finding her desire to have children back at square one, she moves home to her mother's.

While investigating both a fraud at work and her husband's whereabouts, her boss begins gas lighting tactics that cause her to start failing at the job she once commanded with success.

During a board meeting, an incident raises a forgotten trauma and confronts her unexpectedly.

Ebony seeks consult at 'the house of healing,' to reconcile her childhood issues. She must face a task of enormity to help her heal the desire for love, manage her risk, and discover her courage once more.

AUTHOR BIO

Kay has had a long career working in large corporations in the field of risk management as a leader of teams, reporting into executive. Her larger passion though, was an interest in helping people with their problems. This led to her learning a number of alternate modalities including NLP and hypnotherapy. She then began working as a coach. Kay has a passion for animals and an interest in expanded consciousness and has written a book 'Retrain your brain, Stop, Switch, Sustain.' This has received 5star reviews and is available on Amazon.

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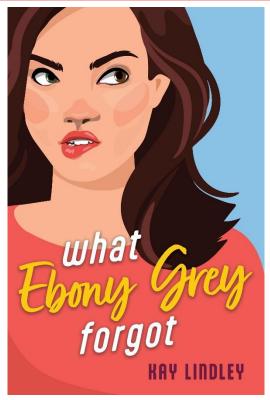
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A CONVERSATION WITH THE AUTHOR

WHY DID YOU WRITE 'WHAT EBONY GREY FORGOT'? WHAT WERE YOUR INSPIRATIONS?

The story line is one that came from a personal trauma with some differences. Writing the story was cathartic. The characters and place of work are totally fictitious although could resemble any organisation. The major recovery was all true.

Inspirations were given from 30 years working in hospitals and large and small places. I have lived in 20 odd houses in my life, so they were also a feature. I have also lived in several states.

WHAT DREW YOU TO THE SUBJECT MATTER OF THE BOOK AND ALSO THESE CHARACTERS WITHIN?

The story is about a drama/comedy about a girl who has worked her way up the ladder in a sizable corporation but suffers imposter syndrome. She is largely happy with life but for an ongoing quest for children. When her husband declares he is leaving her suddenly, her strong leadership and her relationship with her boss begins to unravel. Struggling to maintain her poise in her new environment her life begins to unravel. As the spiral continues, she discovers a past trauma that must be resolved, for her to begin to heal and regain her confidence.

The subject matter of trauma is something many people have been through, especially in the days when I grew up as kids walked to school and walked everywhere. Parents didn't drive you around. I want people to know that no matter where you started, you can grow and conquer. Don't let trauma define your life. The grandfather in the book was 100% my father and so were the issues he has. The sisters and mother were total fantasy.

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