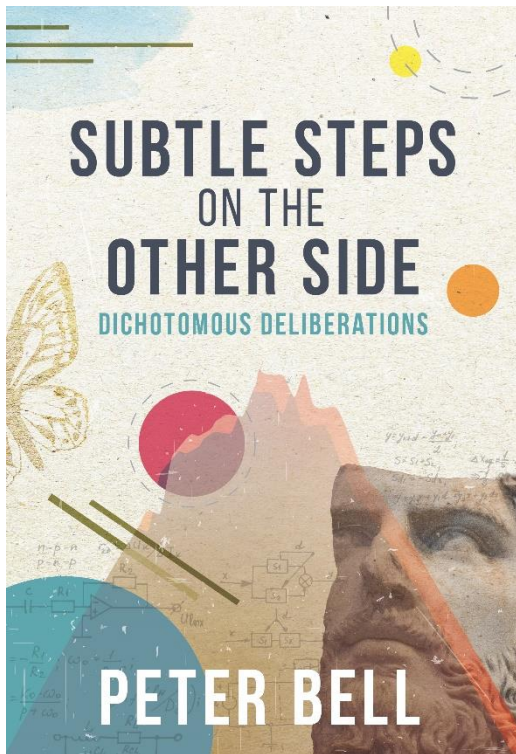


# SUBTLE STEPS ON THE OTHER SIDE

DICHOTOMOUS DELIBERATIONS

BY  
PETER BELL



**HAVE YOU EVER WONDERED WHAT ANT COLONIES, COMETS IN SPACE, ANCIENT VOLCANOS AND A SPIRITED FIVE-YEAR-OLD COULD TEACH YOU ABOUT YOUR WELLBEING?**

This and many other interconnected ingredients of existence are examined with creative curiosity in Peter Bell's exceptional work - Subtle Steps on the Other Side – Dichotomous Deliberations.

After a life-changing event and a promise to his family to live a simpler and more balanced existence, Peter was taken on an imaginative journey to places he never dreamed possible.

A journey in search for his inner truth, ultimately to explore whether he was living up to his newly formed mandate for simplified living. Peter presents several questions central to a meaningful life; while not offering solutions or answers, he teases out aspects of each question, explores his own experiences and growth following a period of ill-health.

He brings in interesting perceptions from music and literature. He looks at multiple dichotomies, including –

- Is there a simple divide between Fact and Fiction
- Between IQ and EQ.
- How to Think and What to Think
- Linear and Non-linear perspectives.

Stimulate your own thinking and questioning in Subtle Steps on the Other Side – Dichotomous Deliberations.

***It's a witty, mind-opening, and at times light-hearted look at life and the black-and-white questions we all might ask – and hopefully answer – answer on our own journey through experiences lived and shared.***

ISBN	9781922850317
Publication Date	OCT 25 2022
Genre	Non-Fiction, Philosophy, Self Help, Society
Format	Paperback
Audience	General
Location	Brisbane, QLD

**Price available on our site**

## AUTHOR BIO

Peter Bell is the owner of Aurelius, a management consulting firm that acts as a strategic advisor to other like-minded businesses, teams and individuals. His interconnected skills in town planning, economics, data, technology, human behaviour, and business strategy are widely sought to guide informed decision making. This unique fusion of skills can uncover non-linear, or hidden insights, often contained within complex environments.

He enjoys music, especially the variety that contains complicated, off beat drum patterns and rhythms. Peter is passionate about breaking down the stigma associated with mental illness and bringing the subject of suicide out into the open.

Visit our website to find out more about Peter.



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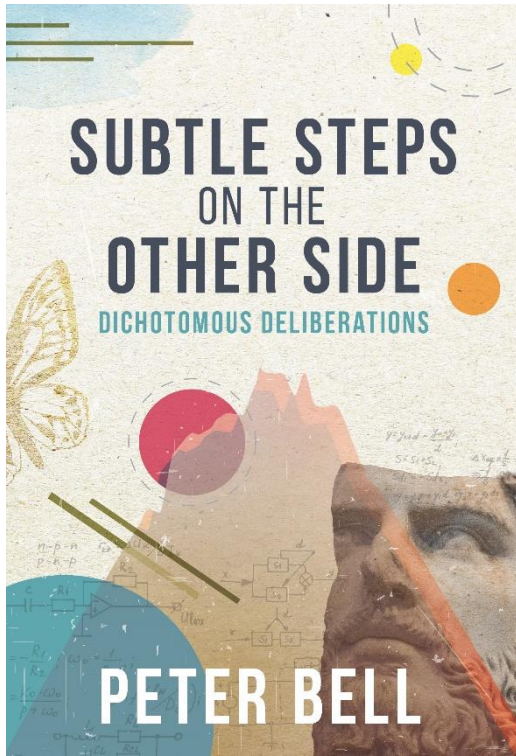
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## A CONVERSATION WITH THE AUTHOR

### WHY DID YOU WRITE 'SUBTLE STEPS ON THE OTHER SIDE'? WHAT WERE YOUR INSPIRATIONS?

*My daughter was my biggest inspiration. I see my writing as leaving a legacy for the future. Hopefully I get to share my learnings with my daughter throughout life, but I also seek comfort in the fact that she has my written thoughts to refer to also if required. I also write as it helps my mental illness. It provides a productive outlet for me to take what is in my mind and put it down on paper. It helps to quieten my mind and tire it out, not let it wander off into unhealthy places. I also wrote the book so it may be able to assist others on their chosen journey in life.*

### WHAT RESEARCH DID YOU DO TO SUPPORT THE FACTS WITHIN YOUR TITLE?

*I did plentiful research. I read various academic papers and high-quality research work of others has been referenced in my book.*

### WHAT WAS THE BIGGEST CHALLENGE WHEN WRITING THE BOOK?

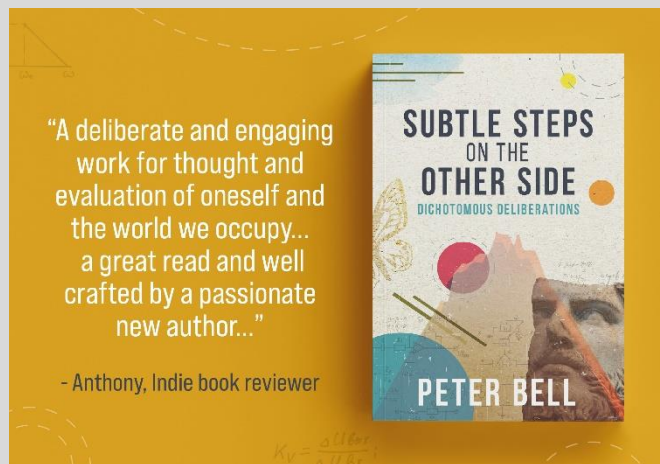
*Sticking to a truly creative process and not knowing the specific details of the ending until I arrived at the point in time to write that part of the story.*

### WHAT ARE YOUR PLANS FOR YOUR FUTURE BOOKS?

*I currently have no plans, and that is the beauty of creativity, it will fall into place when the planets align.*

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