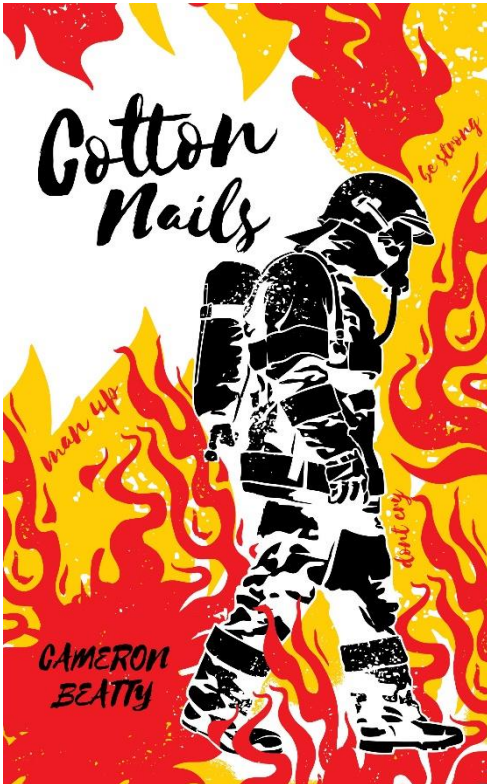


# Cotton Nails

CAMERON BEATTY



RILEY CAN'T REMEMBER THE LAST TIME HE HAD A GOOD DAY...BUT HE KNOWS A BAD ONE WHEN IT REARS UP...

Riley lives through a series of interactions with people he doesn't like, and which is also peppered with the odd bit of fire fighting for the local Fire Brigade. He battles the challenges of PTSD alone and in the silence of his crowded mind, while the views of his colleagues are in line with opinions that belong in the 1950's.

Then there is the constant niggling sensation that things are about to get much worse for Riley, if this were even possible, yet as Riley's fractured mind hurtles towards greater uncertainties, it becomes clear that he's about to face his greatest fear head on; **himself**.

*"A brave and delving look into the psychological function of day-to-day life with PTSD and a relative real and engaging tale of a man unable to process his world beyond his own mind...this book took my scepticism by surprise...amazing and thoroughly enjoyable...five stars!" William, Indiebook*

ISBN	9781922701473
Publication Date	APRIL 15 2022
Genre	Fiction, Crime, Thriller
Format	Paperback
Audience	General
Location	Newport, VIC

**Price available on our site**



## AUTHOR BIO

Cameron Beatty is an ex-commando, professional firefighter, literature graduate, amateur boxer, and dog lover. His favourite pastime is to exercise for hours at a time and befriend the local foxes in his area. He prefers his shirts to be Hawaiian and his sunglasses aviators.

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# Cotton Nails

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## A CONVERSATION WITH THE AUTHOR

### WHY DID YOU WRITE 'COTTON NAILS'? WHAT WERE YOUR INSPIRATIONS?

This book has come solely from my own experiences. There is an enormous gap between the public's perception of what a fire fighter is and reality behind the role. There is a powerful toxic element to culture which seems to be lost on the public. This was my inspiration to write the book.

### HOW DID YOU DECIDE ON THE BEST CHARACTERS FOR THE BOOK?

They are all based on real people, so it was a fairly simple process. I had to think about which people would help to express the underlying themes of the story.

### WHEN DID YOU FIRST REALIZE YOU WANTED TO WRITE?

Once I had a story I really felt I needed to tell. My first manuscript was written once I'd left the military. Everyone had a staunch idea of who I was, and it didn't marry up with my experiences or perception. That was the first time I really sat down and committed myself wholly to a story.

### HOW DO YOU SELECT THE NAMES OF YOUR CHARACTERS?

Nicknames are a big thing in the fire brigade, and most of the characters in 'Cotton Nails' are called only by nicknames. Usually this comes about by one thing they have done that is either spectacular or somewhat embarrassing. I think of the things the character might do and the nicknames follow.

### DO YOU WANT EACH BOOK TO STAND ON ITS OWN, OR ARE YOU TRYING TO BUILD A BODY OF WORK WITH CONNECTIONS BETWEEN EACH BOOK?

Thus far my writing has all been of a similar preoccupation. It comes from a place of trauma and the hyper masculine environments I've been exposed to. I want to tell my story through my characters and ultimately express a message to the world about the damage that can be done through make behaviour and bonding.

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