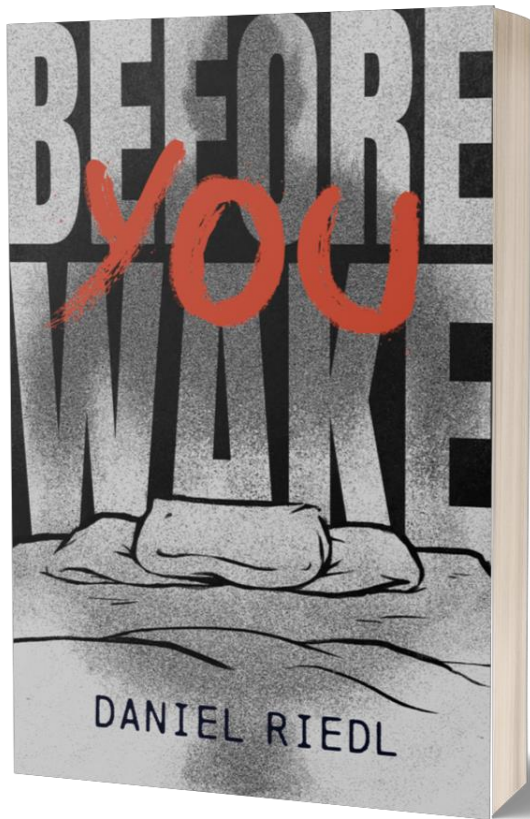


Before You Wake

Written by Daniel Riedl



WHEN NIGHTMARES CROSS TO THE WAKING WORLD HOW CAN ONE DEFINE REALITY?

Is the darkened figure you feel staring at you in your bed
simply a manifestation of your imagination?

Or is it something more... something sinister?

For Aiden Wood, sleep paralysis has always been a thing of
the past. Strange, yet terrifying, the experience is one he
has avoided with the introduction of therapy.

Now, it's back and very different than before.

Helpless and fighting to breathe, a new nightmare is unleashed, and
Aiden must fight to save not only his sanity but those around him
from the evil clawing free from the darkness...

ABOUT THE AUTHOR



Daniel Riedl has always had an interest in writing stories. He is fascinated in the process of creating relatable characters and immersive tales. Daniel also enjoys exploring difficult philosophical problems and psychological workings overall. While his passion for history and mythology is perhaps the main driving force for his writing, Daniel has also found horror and the supernatural to be the perfect genre to explore some of these themes. He has even taken his own terrifying real-life experiences with sleep paralysis and turned them into inspiration.

ISBN	9781923101357
Publication Date	27 MAR 2024
Genre	Horror, Mystery
Format	Paperback
Audience	General
Author Location	Melbourne, VIC

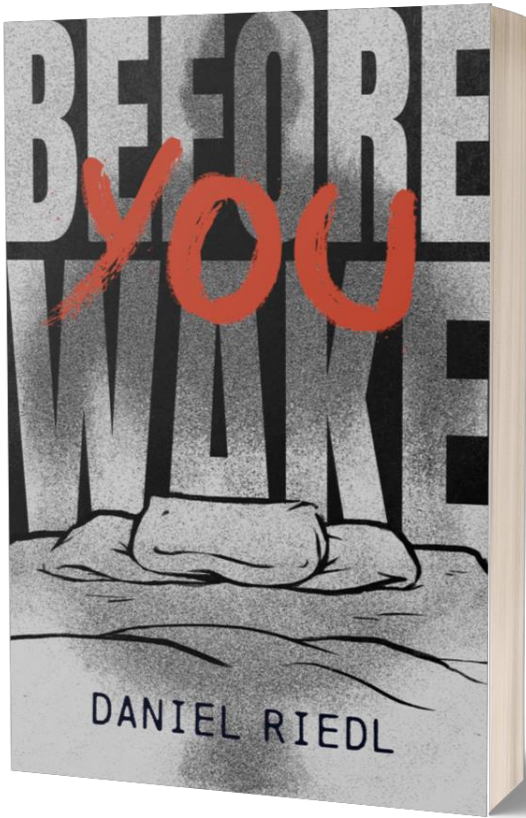
Price available on our website



[Click here to order.](#)

Before You Wake

Written by Daniel Riedl

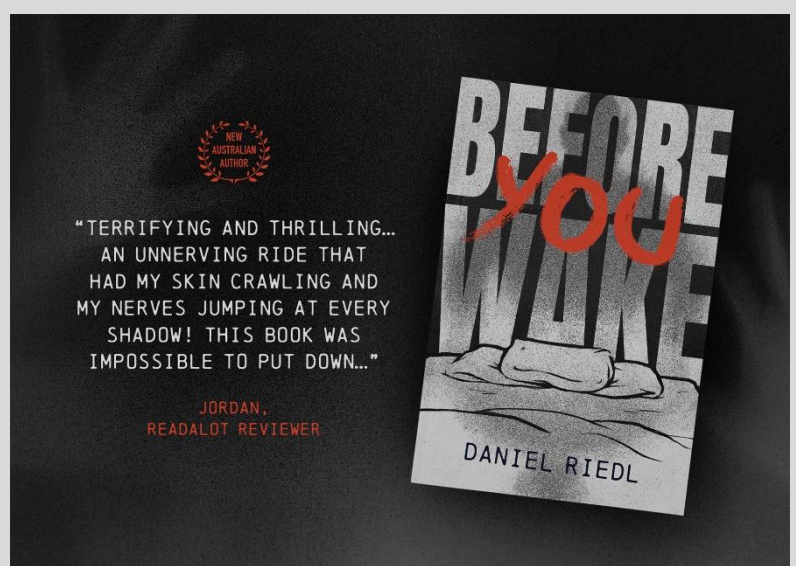


A CONVERSATION WITH THE AUTHOR WHY DID YOU WRITE *BEFORE YOU WAKE*? WHAT WERE YOUR INSPIRATIONS?

Having suffered in varying degrees from sleep paralysis since I was a teenager, I became fascinated about the mysterious ways in which it works. Fast forward into adulthood and to this day, I still have episodes of the paralysis. I think I almost came up with the idea for this story as a way to get my experiences down in writing to share with others, albeit with a great deal of fiction to entertain at the same time. Like the use of the paralysis, I wanted the characters of *Before You Wake* to be relatable. There is nothing particularly special about the Wood family. They aren't heroes fighting villains, not paranormal investigators who lead extraordinary lives, not famous celebrities. They are simply kind, loving people trying to get through this crazy life like anyone of us. I wanted the reader to be able to think, "wow, I could be just like them," or "they could literally live in the house next to me". And above all else, for a story of this genre, I like the idea that such realistic and relatable characters might lead the reader to think something along the lines of, "they are just like me. This could happen to anyone. It could happen to me!"

ISBN	9781923101357
Publication Date	27 MAR 2024
Genre	Horror, Mystery
Format	Paperback
Audience	General
Author Location	Melbourne, VIC

Price available on our website



[Click here to order.](#)