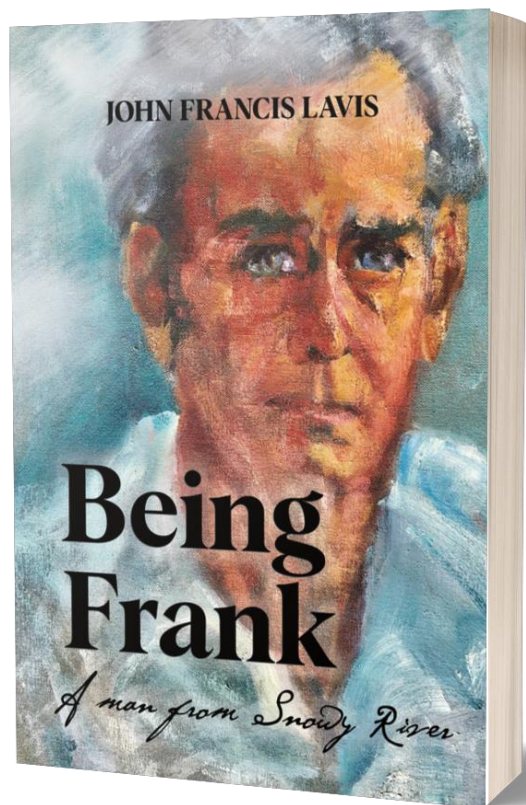


# Being Frank

Written by John Lavis



**WHEN A TRAGIC ACCIDENT TOOK THE LIFE OF HIS SON, FRANK SPENT THE YEARS THAT FOLLOWED DOCUMENTING EVERYTHING.**

Struggling with dyslexia and low self-esteem, Frank proceeded to fill diary after diary with all the inner turmoil and heartbreak of a man with hidden depth.

From his love/hate relationship with his god, to his attempts to understand what his own life was all about, Frank reveals family secrets and doesn't pull any punches as he ponders on the time passed and the future ahead.

Brutally honest, *Being Frank* is an amazing array of stories and characters that will jump out at you unexpectedly. A story to make you laugh and cry but, above all, that will leave you with hope...

ISBN	9781922993861
Publication Date	20 SEPT 2023
Genre	Memoir
Format	Paperback
Audience	General
Author Location	Newcastle, NSW

**Price available on our website**

## ABOUT THE AUTHOR



John Lavis has been writing all his life, as a teacher for his students, as a school Principal for his community and as a father for his children. Now retired he has written this memoir as a promise to his own father, Frank, on his death bed, that he would be the dutiful son and turn Frank's diaries into a book for the Lavis family. He was not to know the family secrets that would be revealed.

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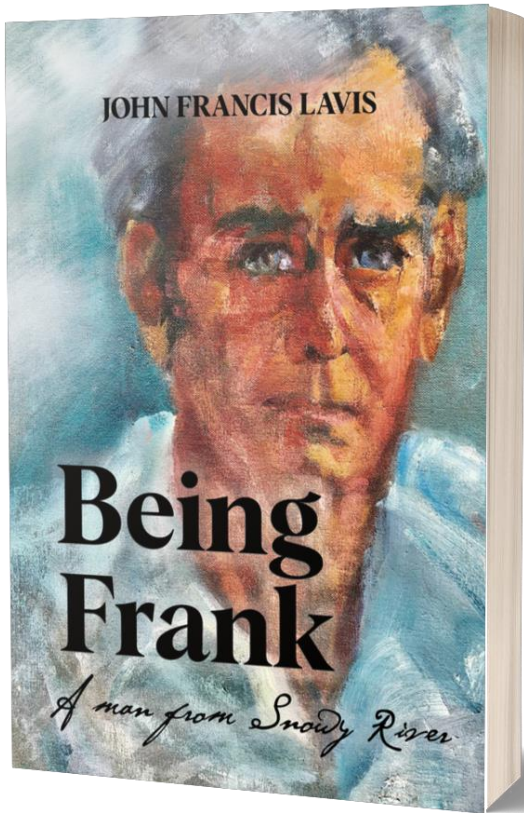
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## A CONVERSATION WITH THE AUTHOR

### WHAT DREW YOU TO THE SUBJECT MATTER OF *BEING FRANK*?

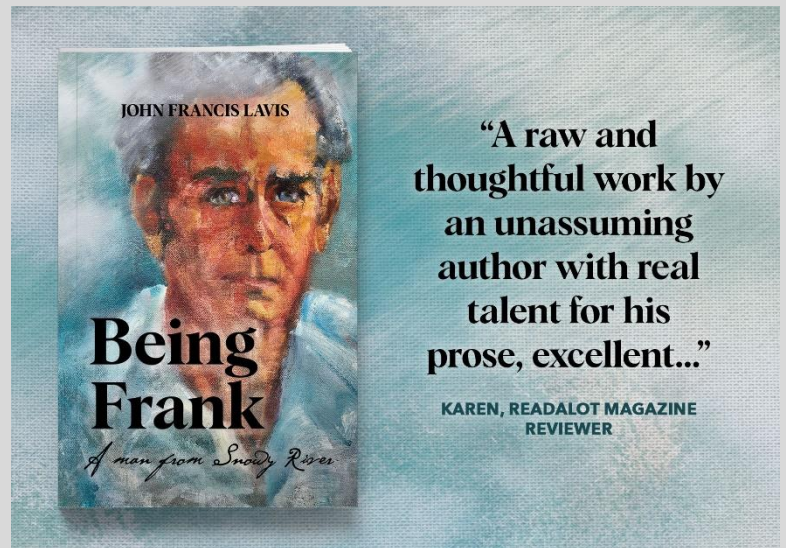
My father bared his soul in his diaries and wanted someone to tell the story of his extended family and of his assortment of strange friendships.

### WHAT WAS AN INTERESTING EXPERIENCE YOU HAD WHILE RESEARCHING FOR THIS BOOK?

I found that family members had a different recall of many of the events cited. Most importantly, I realised I never really knew my father.

### WHAT PLANS DO YOU HAVE FOR FUTURE BOOK/S?

I have a fiction book on the go about a thirteen year old girl who goes missing from her hometown and becomes a famous singer/songwriter.



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