## REFRAMING BEAUTY ANITA SELZER

A book to help all women put balance in their views of themselves and the world around them... Liberating...

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A N I T A S E L Z E R

ISBN	9781922850546
Publication Date	NOV 25 2022
Genre	Non-Fiction, Biography, History, Humanities, Society
Format	Paperback
Audience	General
Location	Melbourne, VIC

Price available on our site

REFRAMING BEAUTY PRESENTS A DIFFERENT WAY OF VIEWING A WOMAN'S BEAUTY THAT'S NOT ABOUT HER LOOKS, NOT ABOUT HER FACE OR BODY...

Anita Selzer explores the role of a woman as a person; what she is doing with her life and how she is living it.

The book offers examples of diverse women around the globe who are currently performing beauty in various & unique ways.

Anita shares her own real experience of facial surgery and how that made her feel, considering the cultural value highly accorded to a woman's beauty in the world.

She considers past and recent ideas about all women's beauty that have been influential, chronicling how ideals of beauty in terms of hair, makeup and fashion have changed over time; what they are currently and the trending shift towards diversity that we see now.

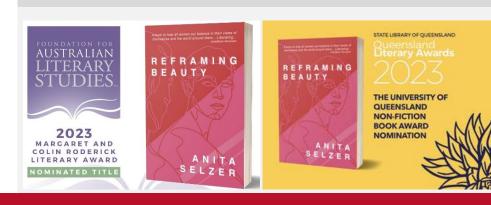
#### **ABOUT THE AUTHOR**

Dr Anita Selzer writes non-fiction for adults and children. Her special interests are in women, history, education and gender studies. She has written about female Olympian athletes; basketballers, hockey players, netballers, swimmers and top golfers, girls' education, governors' wives in colonial Australia, pastoral pioneers of Como House, her own life in 'I Am Woman' and was shortlisted for the NSW Premier's Prize for 'I Am Sasha.'

A graduate in gender studies, Anita has a doctorate in education focusing on gender history and education.

**AWARD NOMINATIONS** 

Anita lives in Melbourne with her husband and children.



## www.shawlinepublishing.com.au



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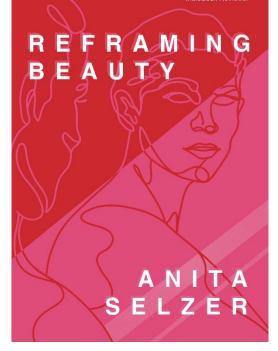
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#### A CONVERSATION WITH THE AUTHOR

## WHAT DREW YOU TO THE SUBJECT MATTER OF 'REFRAMING BEAUTY' AND ALSO THE CHARACTERS WITHIN?

I have two granddaughters now and I don't want them to grow up seeing external beauty as their measurement of worth or primary value. I am disturbed by western culture highly valuing a woman's external beauty, sending the message that women are prized for their appearance.

#### WHERE DO YOU GET YOUR INFORMATION OR IDEAS FOR YOUR BOOKS?

Usually from reading something that I found interesting and confirmed through research that there was a gap in the area and if I could fill it.

#### WHEN DID YOU FIRST REALIZE YOU WANTED TO WRITE?

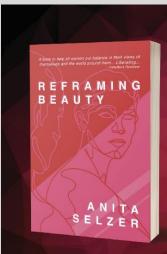
I fell into writing in 1991 when I sent a chapter of a PHD to Cambridge Uni Press and was offered the opportunity to write a book.

#### WHAT DOES LITERARY SUCCESS LOOK LIKE TO YOU?

*To be respected for your work. An award or two acknowledging its worth would be nice.* 

#### WHAT ARE YOUR PLANS FOR YOUR FUTURE BOOKS?

To write about the female gaze in art and photography.



### An insightful and thoughtful work of perspectives

... and challenging the social awareness of often misunderstood intentions... I loved this as a book to help all women put balance in their views of themselves and the world around them ...Liberating... Lenore. IndieBook reviewer

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